

**Composite Template 2 October 2006: South Lanarkshire Council
 Developing Services to Promote Well-being and Social Development as Required by the Mental Health (Care and Treatment)
 (Scotland) Act.**

Activity Category	Details of Activity	Services/Agencies/ Organisations/Others Involved	Completion/ Implementation Date	Lead Officer
Strategic Service Development	Mental health services and other health and social care services provided by South Lanarkshire Councils, NHS Lanarkshire, NHS Greater Glasgow and the voluntary sector have an important role to play in promoting mental health, well-being and social development. <i>The resource network model</i> of community mental health services implemented across South Lanarkshire aims to develop needs led, integrated, multi-agency and community focussed services. The development and implementation of this model is being taken forward through the South Lanarkshire Joint Future Mental Health Implementation Group.	South Lanarkshire Joint Future Mental Health Implementation Group	Current ongoing	Mairi Brackenridge Robert Peat Alastair Cook
Strategic Service Development	Community Health Partnerships (CHPs) should be developed to facilitate close and integrated working between NHS Lanarkshire, NHS Greater Glasgow, primary care, secondary care, North and South Lanarkshire Council and the voluntary sector. CHPs will have a vital role to play in promoting good health, in preventing mental illness and providing effective services that promote recovery.	Strategic Services/South Lanarkshire Joint Future Mental Health Implementation Group Voluntary and Independent Sector	Current ongoing	Harry Stevenson Mairi Brackenridge Alastair Cook Robert Peat

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Strategic Service Development	<p>Mental health services provided by NHS Lanarkshire and its planning and delivery partners, including North and South Lanarkshire Councils, are being developed using person centred models, which put the person at the centre of service design and delivery, regardless of an individual's age, sexuality, abilities, religion and ethnic origin. The relatively low numbers of people in Lanarkshire from minority ethnic groups and their geographical spread provides a challenge to mental health service providers in delivering services that are culturally sensitive and appropriate. Accordingly in Lanarkshire the emphasis has been on raising awareness in all staff groups around cultural diversity, and in making information and support available to assist staff with the provision of appropriate care. Efforts have also focused on the provision of culturally sensitive and appropriate information to service users from minority ethnic groups and on facilitating their involvement and participation in their own care. The following initiatives have been developed, not all of which are specific to mental health care:</p> <ul style="list-style-type: none"> • The NHS Lanarkshire religious and cultural intranet site, which contains useful information for staff about the needs of minority ethnic individuals and groups and 	<p>Strategic Services/South Lanarkshire Joint Future Mental Health Implementation Group Voluntary and Independent Sector</p>	Current ongoing	<p>Harry Stevenson Mairi Brackenridge Alastair Cook Robert Peat</p>
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Strategic Service Development	<p>people from various religious backgrounds.</p> <ul style="list-style-type: none"> • NHS Lanarkshire and partners have developed a mental health and well-being website, www.lanarkshirementalhealth.org.uk which has a specific multi-cultural section containing translated mental health information and links to specific networks of support. • All mental health facilities for older people have access to a cultural awareness pack, which includes information on mental health related issues in a number of languages which can be provided to service users and carers. Mental health information that is not already available in a non-English language can be translated upon request. • Ten staff from services for older people have been trained in valuing cultural diversity as part of a pilot project and now act as trainers. Over 500 staff have benefited from access to the training programme to date and it is now being rolled out to other services. • A training module for all new junior doctors on religious and cultural practices is currently being piloted. This will eventually be rolled out and adapted for other doctors and potentially other staff groups. 	<p>Strategic Services/South Lanarkshire Joint Future Mental Health Implementation Group Voluntary and Independent Sector</p>	<p>Over 500 staff have benefited from access to the training programme to date and it is now being rolled out to other services.</p>	<p>Harry Stevenson Mairi Brackenridge Alastair Cook Robert Peat</p>

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Strategic Service Development	<ul style="list-style-type: none"> • A health bus travels throughout Lanarkshire focussing on people from minority ethnic communities, undertaking health checks, distributing health-focused literature including information about mental health and mental health care where appropriate, and undertaking consultation. • Lanarkshire Ethnic Minority Action Group (LEMAG) is a multi-agency funded consultation forum. LEMAG also acts as a route to wider minority ethnic community groups, which facilitates wider consultation and information distribution. Despite these developments local mental health service managers generally report that there is seldom membership or representation from minority ethnic communities at the mental health user forums with which they link. • The statutory services in Lanarkshire use Strathclyde Interpreting Services (SIS). All interpreters who work with SIS complete a training course on Public Service Interpreting from Cardonald College. This includes a mental health module and all participants are given a glossary of mental health terms. 	Strategic Services/South Lanarkshire Joint Future Mental Health Implementation Group Voluntary and Independent Sector	Current ongoing	Harry Stevenson Mairi Brackenridge Alastair Cook Robert Peat

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	<p>Race Equality, Mental Health and Well-Being Focus Group A pan Lanarkshire group led by Dr Sandra Grant OBE on behalf of the National Resource Centre for Ethnic Minority Health. The group aims to understand the impact of racial abuse, initially upon the mental health and well-being of Pakistani male shopkeepers in Lanarkshire.</p> <p>Once this pilot has been completed, consideration may be given to taking forward a similar exercise with other groups. The initial report will be drafted in January 2007 following a series of focus groups.</p> <ul style="list-style-type: none"> • Review of the experiences of people in minority ethnic groups of accessing and using mental health services in Lanarkshire should be undertaken. 			
Eliminating Stigma and Discrimination	Reducing stigma and discrimination in Lanarkshire experienced by people who have or have had mental health care needs is vital if the goals of social inclusion, recovery, well-being and social development are to be achieved. A coalition of 30 organisations including NHS Lanarkshire, NHS Greater Glasgow, North Lanarkshire Council, South	Lanarkshire See Me Partnership	Current ongoing	Kevin O'Neill & Paul Comely

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	Lanarkshire Council, voluntary sector organisation, service user and carer groups are working with the "See Me" national campaign to eliminate stigma and discrimination in Lanarkshire. A Strategic See Me Action Plan has been jointly resourced and implemented. Work under the anti-stigma banner involves the public across Lanarkshire: in work, in education, in leisure activities, in the home, in the street and on the move.			
Recovery	Local partners are working with the Scottish Recovery Network, as part of the Scottish Executive's National Programme for Improving Mental Health and Well-being to promote the recovery model. A series of local recovery events were held from November 2005 – June 2006. Recovery will be promoted during mental health week 2006 via targeted distribution to mental health services. A service user event is organised for November 06 by Lanarkshire Links (service user and carer organisation) to focus on how service users wish recovery to be promoted in Lanarkshire. Lanarkshire has been identified as a pilot area for the development of local recovery networks. 'Out of the Box' has been commissioned by SRN to progress this. Recovery values and practice will be promoted via the implementation of the mental health nursing review and the pending mental health	Lanarkshire Recovery Event Planning Group	Paper circulated August 2006. Recovery materials distributed SMHW 9-15 October 06 Service User recovery event November 06 Lanarkshire Mental Health Nursing Review Implementation	Kevin O'Neill, Paul Comely.

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	delivery plan.		Group developing local implementation plan – commenced August 06	
Health Promotion	<p>Through links with NHS Lanarkshire and NHS Greater Glasgow's Health Promotion, Social Work Resources, Voluntary Sector and Education, awareness-raising seminars, events and training take place regularly. A key aim being that the foundation for promoting well-being, recovery and social development are laid down through increased awareness and understanding. The Scotland Health at Work Programme and the Health Promoting Schools Programme facilitates the promotion of mental health and well-being in South Lanarkshire's work places, schools and organisations respectively.</p> <p>As an element of the above, a training pack covering See Me, Choose Life, General Mental Health Awareness and including DVD's using personal stories being developed for</p>	<p>NHS Lanarkshire NHS Greater Glasgow Health Promotion See Me Breathing Space Choose Life Strategy Group</p> <p>As above</p>	<p>Current ongoing</p> <p>First 7 schools in Lanarkshire signing see me pledge on 3 October 06.</p> <p>Workplace event organised for 29 November – over 25 SHAW registered companies signing see me pledge. Stage 1: Scoping February 2006 Stage 2: Pack</p>	<p>David Wharrie</p> <p>As above</p>

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	implementation and delivery as part of a multi agency approach/organisation approach.		Development Stage 3: Pilot Stage 4: Launch /Implementation	
	Carers Pack developed in the Hamilton Area and two 8 week programmes delivered per year to carers	Hamilton CMHT Hamilton Connect	Current ongoing 21 cares have completed to date	Janet Hughes Alex Gilmour
Information	A Lanarkshire Mental Health and Well-Being Information website - <i>elament</i> . www.lanarkshirementalhealth.org.uk this site is being developed in partnership, and in response to the identified needs of service users, carers, professionals and the general public in order to improve access, availability and usability of quality mental health and well-being information for people working and living in Lanarkshire. The site has been awarded exemplar status by The National Programme to Improve Mental Health and Well-being in Scotland and will be used to promote mental health literacy. Prizes are awarded for promotional purposes in relation to uptake of the site: 1 month membership and induction to local leisure centre.	Lanarkshire Mental Health and Well-being Information Site – Working Group	Site established October 2005. Launched November 2005. Working Group established to update and target information on an ongoing basis with 6 monthly quality assurance checks. The site achieves approximately	Kevin O'Neill, Paul Comely Jackie Donnachie

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	The website is being converted into touch screen to make it more user friendly and units will be distributed into key settings.		800 hits per week.	
Social Inclusion Service User / Carer Involvement	<p>Core Work This organisation has a mental health service user / carer led focus and aims</p> <ul style="list-style-type: none"> To be involved in the development of the best possible mental health services in Lanarkshire. To inform and support mental health service users and their carers to have real influence in the development of services in Lanarkshire. To educate the public and professionals about the stigma surrounding mental health and to tackle discrimination. To achieve our aims by working in partnership with all other agencies. <p>Actively encourage and support MH service users and carers to be involved in:-</p> <ul style="list-style-type: none"> <input type="checkbox"/> Local issues groups <input type="checkbox"/> Focus or Special Interests Groups <input type="checkbox"/> Planning committees <input type="checkbox"/> Short term project groups <input type="checkbox"/> Local and national initiatives <input type="checkbox"/> Stakeholder events <input type="checkbox"/> Quarterly members meeting 	SLC, NLC, NHSL, Vol Orgs Lanarkshire Links	Current ongoing	Annie McGeeney, Elaine Mowbray, Ann-Marie Newman Paul Comely, Kevin O'Neill Jackie Donaghey, Kerry Docherty

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	<ul style="list-style-type: none"> <input type="checkbox"/> Volunteering within the organisation <input type="checkbox"/> All possible involvement opportunities <p>Areas of involvement</p> <ul style="list-style-type: none"> <input type="checkbox"/> Resource Network Design Teams <input type="checkbox"/> Recompense Working Group <input type="checkbox"/> Mental Health and Wellbeing Support Group visits <input type="checkbox"/> Carers Strategy (South & North Lanarkshire) <input type="checkbox"/> Mental Health Network Group (South Lanarkshire only) <input type="checkbox"/> Mental Welfare Commission visits <input type="checkbox"/> National programme for mental health implemented locally (eg. SeeMe, Choose Life, Breathing Space, DWBPWD, Recovery Network, Heads Up etc.) 			
Service user/ carer involvement	<p>Wider Inclusion There has been contact with organisations which come under the categories of the Scottish Executive's identified strands of Diversity :-</p> <p>Gender – Woman's Aid, East Kilbride Religion – Islamic Cultural training</p>	SLC, NHS, Vol Orgs Lanarkshire Links	Current ongoing Post started November 2004. Work commenced April 2005. To date 63 different	Annie McGeeney Wider Inclusion Development Worker, Brian Pearson

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	<p>Age – Older Peoples Services, Age Concern A. S.</p> <p>Disability – S.L.D.F., Learning Disabilities SLC</p> <p>Ethnicity – Ms Hina Sheikh NHS D&E Coordinator</p> <p>Sexuality – PHACE (Promoting Health & Challenging Exclusion).</p> <p>There have been 5 Wider Inclusion Fayre Days over the last 15 months brief details as follows:</p> <p>WIFD No 1 – East Kilbride – 31 July 2005 – Theme Sensory Impairment (RNID)& Ethnic Service User</p> <p>WIFD No 2 – New Lanark – 6 October 2005 - Theme – Welfare Benefits talk & Equality and Diversity talk</p> <p>WIFD No 3 – Rutherglen – 26 January 2006 – Theme – Supported Accommodation talk and Crisis Support Service talk</p> <p>WIFD No 4 – Rigside – 7 April 2006 – Theme – Rural Development Trust(Transport) talk and Healthy Living Initiative talk and demonstration.</p> <p>WIFD No 5 – Biggar – 28 July 2006 – Theme – Older Peoples Services and Age Concern Advocacy</p>		<p>organisations have been contacted and have engaged through Wider Inclusion Fayres. Work ongoing.</p> <p>The next step is to complete consultation with all Supported Accommodation and Tenancy Support service providers and service user groups in South Lanarkshire.</p> <p>The Cambuslang Rutherglen area is a priority for development of a new mental health issues group. To this end we will be working closely with Robert Peat</p>	

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			and his team, CHI, SW and the local MH vol orgs	
Social Inclusion	Establishment of teams within Housing services with a focus of resettling homeless people into temporary or permanent accommodation	Housing and Technical Services/Social Work Resources South Lanarkshire Council Housing and Technical Resources South Lanarkshire Council	Teams established and work ongoing	Roberta Reid Tenancy Support Workers TAMU Housing Officers Child Support Workers
Social Inclusion	Money Matters Team – provide a service to maximise income enabling people to participate in social activities by making the most of their money.	Housing and Technical Resources South Lanarkshire Council	Established and ongoing.	Jackie Leonard
	Welfare Rights sessions being established within Community Mental Health Teams and mental health hospital units	Housing and Technical Resources South Lanarkshire Council	Sessions established across Mental health services October 2005. Wider Welfare Rights Service undergoing a Best Value Review. Report	Jackie Leonard

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Social Inclusion	Establishment of posts of Sheltered Wardens and Caretakers which offer reassurance to tenants and can prevent difficult situations from spiralling out of control.	Housing and Technical Resources South Lanarkshire Council	due January 2006. Service Review Outcome anticipated end of 2006.	Roberta Reid
	Community Wardens posts established to help to make links within Communities which can have a direct impact on well being.	Housing and Technical Resources South Lanarkshire Council	Posts filled. Procedural manual underway.	Roberta Reid
	The development of Neighbourhood plans for 11 identified areas. In each area a Service Charter will be issued to each resident containing information on services available, how they are accessed and what level of service can be expected. The first Neighbourhood Centre has been opened in the Whitehill area, with a wide range of resources available within it.	<ul style="list-style-type: none"> • Housing & Technical Services • Leisure • Social Work • Education • Enterprise Resources • Community Resources • Strathclyde Police 	Leaflets and Service Charters to be completed by April 2006	Deborah Mackle Neil Britain John Kelso

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		<ul style="list-style-type: none"> • Finance 		
Social Inclusion	<p>Home Support and Day Activities Support to develop and maintain the practical skills of daily life. Support individual integration and participation within the local community, promoting the use of mainstream facilities wherever possible.</p> <p>In addition to the above, a key role undertaken by both the statutory and voluntary sector projects and front line staff is relation to the promotion of the recovery process in day to day activities, including building links and relationships within the local community</p> <p>Groups are also accessible to individuals not receiving one to one support from projects</p> <p>Relaxation and other similar classes in range of community settings</p>	<p>Voluntary Sector/Social Work Resources - alongside other services/agencies associated with the individual, e.g. health, benefits agency, education,</p> <p>As above</p>	<p>Current ongoing</p> <p>Current ongoing</p> <p>Current ongoing</p>	<p>Project/Voluntary Sector Staff/Social Work Resources</p> <p>Project/Voluntary Sector Staff/Social Work Resources</p> <p>As above</p> <p>As above</p>
Social Inclusion	<p>Programme of activities encouraging and building confidence using local community facilities as appropriate.</p>	<p>Voluntary Sector/Social Work Resources/ Community Services</p>	<p>Rolling Programme</p>	

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Social Inclusion	<p>Ensuring a rural dimension and the diversity agenda is considered within any activity undertaken</p> <p>Theatre Nemo workshops aimed at those with severe and enduring mental illness both hospital and community based.</p>	<p>All agencies/ organisations</p> <p>Social Work Resources, Theatre Nemo, NHS Lanarkshire, NHS Greater Glasgow</p>	<p>Current ongoing</p> <p>Phase 1: East Kilbride and Hamilton areas 20 sessions each completed December 2005</p> <p>Phase 2: Rutherglen and Clydesdale areas 20 sessions each by December 2006</p>	<p>P Comley</p> <p>P Comley A McGeeney</p>
Social Inclusion	<p>Anti-stigma events.</p> <p>Peer Support Event held in Lanarkshire highlighting the model utilised in Georgia USA. In addition to this, events have been arranged around the input of Professor in Social Work from New York USA carrying out research into recovery. This provides a theoretical practical framework for recovery based actions.</p>	<p>Social Work Resources, south and North Lanarkshire Councils, See Me, NHS Lanarkshire, Leisure and Recreation Services, Motherwell Football Club, Hamilton</p>	<p>Motherwell event 2005. Summer of leisure programme completed September 20. Hamilton</p>	<p>Kevin O'Neill Paul Comley</p>

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Social Inclusion	<p>Action Plan for 2006/2007 beginning to be developed by the formation of a virtual recovery network and the consideration of this group to the piloting of Recovery Networks in Lanarkshire.</p> <p>The Scottish Recovery Network website can be found at http://www.scottishrecovery.net/content/default.asp.</p>	<p>Academicals football Club, See Me Partnership.</p> <p>As above</p>	<p>Academicals event planned 2006.</p> <p>March 2006</p>	<p>Kevin O'Neill Paul Comley</p>
Social Inclusion	<p>Mental Health in Workplace training - awareness of mental health issues in workplace, delivery of training package.</p> <p>Scottish Mental Health First Aid – raise mental health awareness and understanding, address stigma, delivery of two day training course, increase number of trained instructors</p>	<p>Scottish Development Centre, Service users and Carers, Cambuslang and Rutherglen Community Health Initiative, LAMH, Health Scotland.</p>	<p>Current ongoing LMAH:05/06: 19 internal & 7 external individuals trained</p> <p>Current ongoing</p>	<p>Avril Whiteside (World of Work LAMH) Doris Cummings/ Ruth Kelly (LAMH)</p>

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Social Inclusion	ASIST and MHFA Hamilton Connect	(TRFS)	20 Staff ASIST trained 5 staff MHFA trained	Alex Gilmour TRFS
Social Inclusion	Synergistic solutions network aimed at improving physical well-being thereby improving mental health well-being and exploring possible positive links.	CMHT, Health Promotion, LAMH, Loretto, Up For It, Smoking Cessation, Hamilton Connect, SLC, other community partners.	Jan/Feb 2006	John Brodie, Claire Smith, Alex Gilmour, Hamilton Connect,
Social Inclusion	2 year research proposal by Adult Consultant Psychiatrist involving approximately 200 service users	NHS Lanarkshire	Stage 1: Ethics Committee Approved. Stage 2: Funding Confirmed. Stage 3: Health Screening September 2006 Clinic Commences October 2006 Stage 4: Implement Research Study over a 2 year	Dr Anthony Pelosi, NHS Lanarkshire Susan Hughes CPN CMHT Hamilton

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			period from September 06 to September 08	
Social Inclusion	<p>Training in Suicide Prevention(also Health) Two days of training provided to 9 staff members from Community Intermediary, Routes To Work South. Training sought to provide staff the understanding and knowledge of</p> <ul style="list-style-type: none"> • what signs represent a suicide risk • early prevention and intervention • responding to crises and suicidal behaviour • encouraging people to seek help early <p>Training delivered around “Choose Life” –a National strategy and Action Plan aimed at reducing the rising rate of suicides in Scotland by 20% before 2013.</p>	Routes To Work South, Social Work Resources	November 2005 150 people trained to date in ASIST	Evelyn McCluskey Enterprise Resources
Social Inclusion	<p>POW- Positive Options for Women-Intensive Client focussed personal development and work experience for women lone parents who have experienced minor/moderate Mental Health issues. Programme will be delivered to 30 participants across South Lanarkshire 2004/5 and 30 2005/6.</p>	South Lanarkshire Council RTI, North Lanarkshire Council, Objective 3 Partnership, Routes To Work South.	6 programmes completed 2005. Further 6 programmes scheduled 2006	Evelyn McCluskey Enterprise Resources Liz Logan Enterprise Resources

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Social Inclusion	<p>Youthstart This service supports 220 young people each year who are aged 16-24. It is designed to assist participants to access and sustain education, training and employment opportunities</p>	As above	Current ongoing	
	<p>Steps 2 Work Designed to assist and develop motivation. Key client groups include former and stabilised drug misusers, people with mental health problems eg. depression and people with disabilities.</p> <p>People who have had substance misuse problems are, as a result of their misuse, more distant from the Labour Market and the opportunity to engage with local employers and training providers. This programme will help facilitate and develop these links for former substance misusers.</p>	South Lanarkshire Council RTI, delivery by subcontractor, Enterprise, Routes to Work.	12 programmes April 2005/06 Further 12 programmes scheduled April 2006/07	Evelyn McCluskey Enterprise Resources
	<p>Mentoring Helps and motivates someone to develop their skills/ambitions and moving them closer to their goals of finding, staying and progressing in work. The mentor/New Deal participant relationship will be a voluntary one, based on mutual agreement, commitment and shared responsibility, from which either party can</p>	South Lanarkshire Council RTI, Job Centre Plus, Enterprise Resources	5 year contract ending March 2006 completed	Tracey Blake Enterprise Resources

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	<p>withdraw at any time. Some examples of where a mentor might help include difficulties with colleagues and working relationships, problems managing money, confidence building, communication skills, presentation and interview.</p> <p>The service is designed to help clients on the 18 -24 and 25+ New Deal programmes and has three distinct elements:-</p> <ul style="list-style-type: none"> • Mainstream Volunteer Mentoring <p>Volunteer mentors will be recruited and trained to assist New Deal participants as they consider the opportunities offered through New Deal. The mentor will aim to help the New Deal participant gain confidence and experience, develop his or her skills, increase their employability and find work.</p> <ul style="list-style-type: none"> • Mentoring Co-ordinator Service <p>In addition to the mainstream volunteer service the Council will also deliver a mentoring service using a dedicated mentoring co-ordinator to act as mentor for those jobseekers who are hardest to help because, for example they lack confidence or motivation, have low self esteem or attitudinal problems.</p>	<p>As Above</p> <p>As Above</p>		

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Social Inclusion	<ul style="list-style-type: none"> • Post Employment Support <p>The Council will also offer post employment support to all jobseekers (and their employers if required/appropriate) when they move from New Deal into unsubsidised employment. This support is to help the clients sustain their employment and will be available for 13 weeks.</p> <p>Employment Sustainability Toolkit (also employment</p>	<p>As Above</p> <p>As Above</p>		
Social Inclusion/ Financial Inclusion	<p>Financial Inclusion</p> <p>Additional funding of £0.5m per annum for two years has been made available by the Scottish Executive as part of the Closing the Opportunity Gap financial inclusion target. – By 2008 increase the availability of appropriate financial services and money advice to disadvantaged communities to reduce their vulnerability to financial exclusion and multiple debts.</p> <p>Funding will be used locally to provide sustainable services based on evidence of local community need.</p>	Enterprise Resources	2 year pilot from April 2006 to March 2008	Bill Lawson, Ann Shiels, Enterprise Resources.

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Social Inclusion/ Financial Inclusion	<p>Working For Families Fund £750,000 per annum for two years targeted at the most vulnerable parents aimed at encouraging and supporting their return to work. Key groups to be targeted are parents with stresses eg.</p> <ol style="list-style-type: none"> 1. lone parents 2. those with substance misuse issues and 3. those with mental health issues 	As Above	Ongoing to March 2008	Louise Simpson
Employment	<p>The NHS Lanarkshire's Scotland Heath At Work (SHAW) team are committed to improving mental health and well-being in the work place as part of their programme. 132 Lanarkshire employers are register with SHAW, which accumulates to over 80,000 employees. A joint mental health action plan is being develop to maximise the opportunities for joint working to promote the mental health commendation award, workplace anti-stigma initiatives and workplace mental health policy and practice. Opportunities are being identified to facilitate these companies supporting people with mental health care needs back into the workplace.</p> <p>South Lanarkshire Council progressing silver award. A number of NHS Lanarkshire localities</p>	<p>NHS Lanarkshire SHAW Team</p> <p>NHS Lanarkshire South Lanarkshire</p>	<p>Current ongoing</p> <p>Workplace event organised for 29 November 06 – over 25 SHAW registered companies signing see me pledge.</p> <p>Current ongoing</p>	<p>Kevin O'Neill, Elizabeth Oldcorn, Peter King & David Wharrie (BOTH SHAW)</p> <p>Corporate Personnel</p>

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Employment	and departments have achieved bronze or silver.	Council		Services, South Lanarkshire Council
Employment	Establishment of a South Lanarkshire wide employment training job coaching service for adults with mental health problems aged 16-65 years Support individual service users access mainstream employment services	LAMH South Lanarkshire Council Social Work Resources Disability Employment Adviser Job Centre Job Coach Project Voluntary Sector/ Social Work Resources/Housing and Technical Services	Service expansion September 2005. Current and ongoing Current ongoing	Hugh Cairns, Annie McGeeney Michael McAuley General mental health projects, Voluntary Sector and Social Work Resources
Employment	Review of policies and procedures regarding suicide prevention with 1. Health Colleagues 2. South Lanarkshire Council	NHS Lanarkshire, NHS Greater Glasgow, Social Work Resources, South Lanarkshire Council Corporate Personnel Services, South Lanarkshire Council, Unison, TPS and NHS Lanarkshire.	December 2007 December 2007	Paul Comley, Alastair Cook, Robert Peat Paul Comley

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Employment	<p>50+Outreach Pilot The 50+ Outreach Pilot actively seeks to promote diversity and opportunity in relation to learning, training and employment. The Pilot acknowledges the particular needs of the 50+ target group and looks to</p> <ul style="list-style-type: none"> • reduce isolation • address the issue of pensioner poverty • encourage integration with mainstream society • and promote positive healthy lifestyles amongst the over 50's population. <p>Over 400 members of the target group connected with Jobcentre Plus opportunities in the Pilot so far from April 2004 to date</p>	South Lanarkshire Council RTI, Jobcentre Plus, Lanarkshire Links	Contract from April 2004 to March 2006 completed	Evelyn McCluskey Enterprise Resources
Employment	<p>Healthy Working Lives A support service for employers, employees and those wishing to enter the workforce.</p> <ul style="list-style-type: none"> •1 Offer access to high quality support, advice and guidance for local employers on all aspects of Healthy Working Lives. •1 To engage and work alongside Partners and stakeholders to deliver Healthy Working Lives opportunities in the area. •2 To recognise the achievements of Employers in contributing to the Healthy Working Lives agenda 	Jobcentre Plus, Scottish Enterprise, South and North Lanarkshire council, Chamber of Commerce	Current ongoing	Ann Shiels Enterprise Resources

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Employment	<ul style="list-style-type: none"> •3 To coordinate the design delivery and review of projects that support the development of the Healthy Working Lives strategy. <p>Choices (also Health and Social Inclusion) Choices is a programme currently being piloted in Hamilton which attracts workless individuals furthest from the labour market, e.g. lone parents, vulnerable families experiencing stress such as substance misuse, those in receipt of IB, etc. Initial interventions are flexible, non prescriptive and suited to client needs and circumstances. After a series of “first step” interventions (e.g. confidence building, self esteem), participants can gradually progress to a more structured intervention including options such as TW and eventually moving into employment. The programme will roll out to Cambuslang in October 2005.</p>	Jobcentre Plus, South Lanarkshire Council RTI, Routes to Work South	1 year pilot April 2005 to March 2006 then review and evaluate, consider options completed	Tracey Blake Enterprise Resources
Education	1 in 10 young people will have experienced a mental health problem in the past week. Young people are also known to be a group that can be stigmatising and harass people who have mental health care needs. Targeted initiatives are being taken forward through joint working between South Lanarkshire Council’s Education Department, Health Promoting Schools, Health Promoting Youth Service and the Lanarkshire	Education Services/Social Work Resources/NHS Lanarkshire	Current ongoing	Paul Comley Kevin O’Neil

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	<p>See Me Partnership.</p> <p>Child Support Workers ensure children have transport to get them to school</p>	<p>Education Services Housing and Technical Services Social Work Resources South Lanarkshire Council</p>	<p>Current ongoing</p>	<p>Child and Family Services, Social Work Resources, South Lanarkshire Council.</p>
<p>Education</p>	<p>Support individuals explore College opportunities and participate in courses i.e.</p> <p>Computing Courses Basic Intermediate/ Internet</p> <p>Personal Development Confidence building, Assertiveness and future planning courses</p> <p>Information Service Maximising benefits Advising of activities/interests in the area. Participating in Information Days</p>	<p>Voluntary Sector/ Education Services/ Social Work Resources R P Solutions, Central Library E.K.</p> <p>Spotlight Training Ltd</p> <p>Voluntary Sector/Education Services/ Social Work Resources</p>	<p>Current ongoing</p> <p>annual 2005 – 21 service users 2006 – 10 service users to date</p> <p>annual 2005 – 5 Service users 2006 – 9 service users</p> <p>Current ongoing</p>	<p>Project staff Network</p> <p>David Tate Project staff Network</p> <p>Ruth Samson Project staff Network</p> <p>Project Staff</p>

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Education	<p>Applied suicide intervention skills training is being rolled out with 9 courses being provided, training 258 people in suicide prevention, courses planned to March 2007.</p> <p>Development of a mental health and wellbeing element within PSE lessons for S4 and S5 pupils increasing knowledge and awareness around issues and resources available to assist in times of crisis.</p> <p>A lesson plan has been developed and is being rolled out in South Lanarkshire High Schools with S4 and S5 pupils increasing knowledge and awareness around issues and resources available to assist in times of crisis. This will be followed by assembly wide talks by Samaritans. Samaritans are negotiating with schools with regard to accessing the pupils and scheduling the activity. The pan Lanarkshire group is developing a pack for use in schools by teaching and health staff. Many programmes exist and currently the use of R U OK and the Samaritans young persons pack are being considered as the core programmes. However, another major pack will be considered at the next meeting.</p>	<p>South Lanarkshire Council, SAMH, TPS</p> <p>South Lanarkshire Council Social Work Resources, Education Services, Integrated Children's Services and Local Authority residential units</p>	<p>Current ongoing</p> <p>academic year 2005/2006/2007</p>	<p>Paul Comley</p> <p>Paul Comley Kathleen Colvan</p>

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	<p>Commenced in Camglen to be rolled out across South Lanarkshire Council.</p> <p>Awareness raising by Samaritans leading to Lanarkshire school pack developing tools for use by teaching nursing and support staff.</p>			
Education	<p>Raise awareness of reasonable adjustments to student services for individuals with mental health problems. Liaison with Learning Support.</p> <p>Awareness raising session 1.</p>	<p>World of Work South Lanarkshire college Stevenson college Bell College, RSAMP, Langside College.</p>	Current ongoing	World of Work Team LAMH
Education	<p>LAMH recycle (education) Main business activity is pc equipment recycling, sale and refurbishment, pc repair and upgrade, service contracts and advice. Also collect and process drinks cans from Lanarkshire based businesses. Provide comprehensive package of workplace training and support with work opportunities such as pc build, maintenance, stores, driving customer service, admin/finance and general operative duties. Training officer provides action planning coreskills development, accessing qualifications, links to external agencies to assist individual with progression to</p>	<p>LAMH SLC NLC NHS Lanarkshire</p>	Current and ongoing	Joe Futton LAMH

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	mainstream employment.			
Education	Scottish Mental Health Week Mental Health Week activities and national themes	Activities held using various local facilities	Mental Health Awareness week October annually	Mental health service providers within the voluntary and statutory sectors
Education	Assist individuals access relevant training opportunities to promote social inclusion such as literacy, numeracy and English as a second language	Corporate Resources Education Resources Social Work Resources NHS Services Mental Health service providers in the voluntary sector	Current and ongoing	Local Authority
Education	Development of contact cards providing information on organisations able to offer support around issues which may cause people distress 3000 cards printed and distributed as pilot. Plans to increase print run to enable availability of cards in many public places i.e. Social Work offices and G.P reception areas.	South Lanarkshire Council	December 2006 completed The number of people trained in ASIST is approximately 150	Paul Comley
Health	People with severe and/or enduring mental health care needs are known to experience significantly poorer physical health than those who do not. A number of targeted health improvement initiatives are being developed and implemented across Lanarkshire through	NHS Lanarkshire/South Lanarkshire Council/Voluntary and Independent Sector	Current ongoing 100% of BP practices have a mental illness	Kevin O'Neil Irene Mackie Alastair Cook

Activity Category	Details of Activity	Services/Agencies/ Organisations/Others Involved	Completion/ Implementation Date	Lead Officer
Health	co-operation between Mental Health Services, Primary Care Services, addiction services and the voluntary services. These include the development of a framework to support the implementation of the mental health components of the new GMS contract (primary care), the development of dual diagnosis initiatives, targeted smoking cessation programmes and a range of activities to promote healthy lifestyle.		register up 26% from lat year. 93% of practices met the maximum fresh hold for offering a physical health review to those on the register up 18% from last year.	
Health	Development and delivery of Smoking Cessation programmes, specifically for people with mental health difficulties. Training for staff across agencies to progress the above programme with service users.	Voluntary sector, Social Work Resources and Health Promotion	Commenced October 2004, current and ongoing	Voluntary Sector Staff Smoking Cessation Officer
Health	Health and Homeless Team have established links with General Practitioners and Health Visitors with A shared Child Protection agenda	Housing Services Health Services South and North Lanarkshire Councils	Current and ongoing	Rosemary Robertson Housing Services
Health	Partial funding of a pilot project to address issues of social isolation amongst older people has been provided enabling the service to recruit and train volunteers – this service is now commencing.	Social Work Resources	Project will report once established	Frank McMenemy
Health	Development of service provided by Cruse	South and North	Implement	Paul Comley

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	<p>funding has been provided for 2004/05 and 2005/06 with service being commenced in rural areas.</p> <p>The co-ordination of a “snap shot” of presentations to all A & E departments across Lanarkshire with regard to self harm is being progressed. This will provide a contrast with the figures on completed suicide and develop an understanding of the wider issue around self harm. Survey of A&E sites across Lanarkshire agreed for 1 month period to provide stats on number of people attending with issues of self harm.</p> <p>Counselling services for those experiencing distress</p>	<p>Lanarkshire Council Cruse</p> <p>South Lanarkshire Council, NHS Lanarkshire and The Samaritans</p> <p>South Lanarkshire Council, NHS Lanarkshire.</p>	<p>January 2006</p> <p>Negotiations to commence January 2006. Draft to group Dec 2006. 1st meeting May 2006. SWOT analysis submitted.</p> <p>Options paper November 2005. Preferred model January 2006. Progress development and implementation May 2006 On hold pending outcome of</p>	<p>Cruse</p> <p>Ciana Burns</p> <p>Mairi Brackenridge Paul Comley Alastair cook</p>

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Health	<p>away from the exclusion faced in their former lifestyle.</p> <p>Up for It? Up for It? Is a health and lifestyle programme, running in the South Lanarkshire area, aimed at motivating behavioural and lifestyle change. The programme provides the most vulnerable residents, referred from a variety of different agencies, with free access to services focussed on identifying individual and realistic improved health behaviour, reducing stress, stopping smoking, reducing weight via a healthy eating plan and increasing exercise.</p>	South Lanarkshire Enterprise Resources, Regeneration Services	Commenced 2000 to continue to 2011. target areas Blantyre North, Hamilton and Cambuslang areas.	Elaine Little/Susan McMorran Enterprise Resources
Health	<p>Three Up For It? Programmes are operational.</p> <ol style="list-style-type: none"> 1. Adult Up for It? Programme in the areas stated, Rutherglen/Cambuslang to follow after November 2. Get Fit Get Up 4 It? programme strictly limited to children aged 3 - 18 within the bottom 15% of the target data zones in Blantyre, Burnbank, Whitehill, Hillhouse, Fairhill, Low Waters, Larkhall and Rutherglen/Cambuslang. 3. The Youth Support Programme is available to all pupils within the 11 target high schools. <p>Healthy Living Centres- (Cambuslang-</p>	South Lanarkshire	Commenced	John McCafferty

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<p>Health</p>	<p>Brendan Rooney, Rigside- Lesley McCranor)</p> <p>(Healthy Valleys)-5 full-time employees of the charity plus sessional staff and volunteers supporting activities that have a clear aim to reduce health risks</p> <ul style="list-style-type: none"> •1 Mental Health •2 Addiction problems •3 Coronary Heart disease •4 Obesity <p>Programmes delivered include Lifestyle Project- disseminating health information and Get Active-offering proactive methods to combat obesity.</p> <p>Befriending-volunteer befriending training opportunities</p> <p>Peer Education- raising awareness of Drug and Alcohol misuse through Peer Education</p> <p>Cambuslang and Rutherglen Community Health Initiative</p> <p>Are working to make Cambuslang and Rutherglen happier and healthier communities for all.</p>	<p>Enterprise Resources, NHS Lanarkshire and Greater Glasgow, Private and Voluntary Sector</p> <p>As Above</p>	<p>2004 to November 2007. funding from other sources.</p> <p>As above</p>	<p>Enterprise Resources</p> <p>Brendan Rooney Lesley McCranor</p>

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Health	<p>A community development approach is used to develop activities which fit into the themes of Volunteering, Community Engagement and Dialogue, Mental Health and Wellbeing, Diet, Healthy Eating and Oral Health, Substance Misuse and Fitness and Exercise.</p> <p>The Mental Health and Wellbeing theme consists of 3 strands of activity</p> <ol style="list-style-type: none"> 1. Stigma Education and Awareness, involving Mental Health Awareness in schools and local organisations, programmes in residential children's units, Mental Health First Aid training for local people and agencies and access to Instructor Training 2. Information Advice and Counselling, participating in and facilitating networks, Mind The Gap conference, mapping exercise and service guide, Community Matters Shop 3. Stress Management, programmes of courses, group work, action planning and holistic therapies for individuals, community development including inputs to groups and organisations and the development of a social economy business, work placements and learning opportunities, and working with survivors of child sex abuse. 	As above	As above	Brendan Rooney Lesley McCranor
Leisure/Recreation	A summer anti-stigma and discrimination	South Lanarkshire	Completed	

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	leisure campaign was delivered through the six weeks of the summer holiday.	Leisure	05/06	
Leisure/Recreation	Range of activity groups including walking, snooker, football, bowling etc	Voluntary Sector Social Work Resources Community Resources	Current ongoing	Project Staff
Leisure/Recreation	Men's Gym Group – Access local gym to improve fitness and wellbeing. Concessionary entrance up to 2011. Replicated in Up for It areas and if area is part of the Up for It Programme, this also includes a range of additional concessionary options including alternative therapies.	Carlukle Leisure Centre, LAMH	Ongoing	Willie Glen (LAMH) Enterprise Resources South Lanarkshire Leisure Voluntary Sector Social Work Resources
Leisure/Recreation	Paths to Health 'Walk a Little, Live a Lot' is a South Lanarkshire project which forms part of the national 'Paths to Health' scheme. It aims to promote the social and health benefits of walking and to increase levels of physical activity across South Lanarkshire among all age groups and abilities by encouraging and motivating people to walk regularly and enjoy their local area	Enterprise Resources	Current ongoing	Phillip Glennie Enterprise Resources
Arts/Culture	Art/Therapy Groups	Voluntary sector staff	Ongoing	Adriana Stewart

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Arts/Culture	Theatre/Museum/Cinema visits as part of group activities Theatre Nemo Workshops	South Lanarkshire Council Adriana Stewart As above South Lanarkshire Council/ NHS Lanarkshire/Theatre Nemo	Annual 2005 – 7 service users 2006- 10 service users Ongoing programme 2 year programme 2005/06: 20 sessions completed in each of the Hamilton and East Kilbride areas 2006/07:20 sessions planned in each of the Rutherglen and Clydesdale areas	Project Staff Network Voluntary sector staff Paul Comley, Annie McGeeney, Isobel McCue
Arts/Culture	Lanark/Carlisle photography project – develop skills in photography linked in with local history. Applied for funding through Lottery Direct Grants – Following on	Carlann Committee, Praxis	2005/2006 Current ongoing but with varied	Carlann Committee Source Project

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	from previous years multi-media arts group		annual focus	
Transport	<p>Support individuals access community facilities Bus passes, travel passes, companion cards, dial a bus.</p> <p>Scottish Wide Strathclyde Passenger Transport Consultation.</p>	<p>Public Transport/ private hire/CMHTs/projects</p> <p>Scottish Executive</p>	<p>As required ongoing</p> <p>March 2006. completed</p>	All social care/health care related services
Transport	<p>Rural Transport Initiative The project is aimed at the key Rural Partnership group of individuals that are disadvantaged due to geographical location. It seeks to address one of the main barriers to equalising opportunities in the rural area- transport. This is in line with Rural Partnership priorities-use of know-how to make products and services more competitive and researching and developing innovative and community based approaches leading to the improvement or introduction of transport links.</p> <p>The project will also make a significant contribution to Equal Opportunities by addressing the key issue of accessibility of</p>	Enterprise Resources	Current ongoing	Leo Sherry Enterprise Resources

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	services and facilities. It aims to reduce barriers caused by rural exclusion and the lack of transport provision.			