

Composite Template July 2006: South Lanarkshire Council

Developing Services to Promote Well-being and Social Development as Required by the Mental Health (Care and Treatment) (Scotland) Act.

Activity Category	Details of Activity	Services/Agencies/ Organisations/Others Involved	Completion/ Implementation Date	Lead Officer
Strategic Service Development	<p>Mental health services and other health and social care services provided by South Lanarkshire Councils, NHS Lanarkshire, NHS Greater Glasgow and the voluntary sector have an important role to play in promoting mental health, well-being and social development. <i>The resource network model</i> of community mental health services implemented across South Lanarkshire aims to develop needs led, integrated, multi-agency and community focussed services. The development and implementation of this model is being taken forward through the South Lanarkshire Joint Future Mental Health Implementation Group.</p> <p>Community Health Partnerships (CHPs) should be developed to facilitate close and integrated working between NHS Lanarkshire, NHS Greater Glasgow, primary care, secondary care, North and South Lanarkshire Council and the voluntary sector. CHPs will have a vital role to play in promoting good health, in preventing mental illness and providing effective services that promote recovery.</p>	<p>South Lanarkshire Joint Future Mental Health Implementation Group</p> <p>Strategic Services/South Lanarkshire Joint Future Mental Health Implementation Group</p>	<p>Current ongoing</p> <p>Current ongoing</p>	<p>Alex Davidson Doug Adams Alastair Cook</p> <p>Harry Stevenson Alex Davidson Doug Adams Jim Whyte Alastair Cook Robert Peat</p>
Strategic Service Development	<p>Mental health services provided by NHS Lanarkshire and its planning and delivery partners, including North and South Lanarkshire Councils, are being developed using person centred models, which put the person at the centre of service design and delivery, regardless of an individual's age, sexuality, abilities, religion and ethnic origin. The relatively low numbers of people in Lanarkshire from minority ethnic groups and their geographical spread provides a challenge to mental health</p>	<p>Strategic Services/South Lanarkshire Joint Future Mental Health Implementation Group Voluntary and Independent Sector</p>	<p>Current ongoing</p>	<p>Harry Stevenson Alex Davidson Doug Adams Alastair Cook Robert Peat</p>

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Strategic Service Development	<p>training programme to date and it is now being rolled out to other services.</p> <ul style="list-style-type: none"> • A training module for all new junior doctors on religious and cultural practices is currently being piloted. This will eventually be rolled out and adapted for other doctors and potentially other staff groups. • A health bus travels throughout Lanarkshire focussing on people from minority ethnic communities, undertaking health checks, distributing health-focused literature including information about mental health and mental health care where appropriate, and undertaking consultation. • Lanarkshire Ethnic Minority Action Group (LEMAG) is a multi-agency funded consultation forum. LEMAG also acts as a route to wider minority ethnic community groups, which facilitates wider consultation and information distribution. Despite these developments local mental health service managers generally report that there is seldom membership or representation from minority ethnic communities at the mental health user forums with which they link. • The statutory services in Lanarkshire use Strathclyde Interpreting Services (SIS). All interpreters who work with SIS complete a training course on Public Service Interpreting from Cardonald College. This includes a mental health module and all participants are given a glossary of mental health terms. • Review of the experiences of people in minority ethnic groups of accessing and using mental health services in Lanarkshire should be undertaken. 	<p>Strategic Services/South Lanarkshire Joint Future Mental Health Implementation Group Voluntary and Independent Sector</p>	<p>to date and it is now being rolled out to other services.</p> <p style="text-align: center;">Current ongoing</p>	<p>Harry Stevenson Alex Davidson Doug Adams Alastair Cook Robert Peat</p>

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Eliminating Stigma and Discrimination	Reducing stigma and discrimination in Lanarkshire experienced by people who have or have had mental health care needs is vital if the goals of social inclusion, recovery, well-being and social development are to be achieved. A coalition of 20 organisations including NHS Lanarkshire, NHS Greater Glasgow, North Lanarkshire Council, South Lanarkshire Council, voluntary sector organisation, service user and carer groups are working with the "See Me" ⁱⁱⁱ national campaign to eliminate stigma and discrimination in Lanarkshire. A Strategic See Me Action Plan has been jointly resourced and implemented. Work under the anti-stigma banner involves the public across Lanarkshire: in work, in education, in leisure activities, in the home, in the street and on the move.	Lanarkshire See Me Partnership	Current ongoing	Kevin O'Neill & Paul Comely
Recovery	Local partners are working with the Scottish Recovery Network ^{iv} , as part of the Scottish Executive's National Programme for Improving Mental Health and Well-being to promote the recovery model. A recovery event was held on the 1st of November 2005	Lanarkshire Recovery Event Planning Group	Paper to be presented to JFMHAIG in August 2006.	Kevin O'Neill, Paul Comely.
Health Promotion	Through links with NHS Lanarkshire and NHS Greater Glasgow's Health Promotion Departments, Social Work Resources, Voluntary Sector and Education, awareness-raising seminars, events and training take place regularly. A key aim being that the foundation for promoting well-being, recovery and social development are laid down through increased awareness and understanding. The Scotland Health at Work Programme and the Health Promoting Schools Programme facilitates the promotion of mental health and well-being in South Lanarkshire's work places, schools and organisations respectively. As an element of the above, a training pack	NHS Lanarkshire NHS Greater Glasgow Health Promotion Department See Me Breathing Space Choose Life Strategy Group As above	Current ongoing Stage 1: Scoping	Elizabeth Oldcorn, David Wharrie As above

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	covering See Me, Choose Life, General Mental Health Awareness and including DVD's using personal stories being developed for implementation and delivery as part of a multi agency approach/organisation approach.		February 2006 Stage 2: Pack Development Stage 3: Pilot Stage 4: Launch /Implementation.	
	Carers Pack developed in the Hamilton Area and two 8 week programmes delivered per year to carers	Hamilton CMHT Hamilton Connect	Current ongoing	Janet Hughes Alex Gilmour
Information	A Lanarkshire Mental Health and Well-Being Information website - <i>elament</i> . ^v www.lanarkshirementalhealth.org.uk this site is being developed in partnership, and in response to the identified needs of service users, carers, professionals and the general public in order to improve access, availability and usability of quality mental health and well-being information for people working and living in Lanarkshire. The site has been awarded exemplar status by The National Programme to Improve Mental Health and Well-being in Scotland and will be used to promote mental health literacy. Prizes are awarded for promotional purposes in relation to uptake of the site: 1 month membership and induction to local leisure centre.	Lanarkshire Mental Health and Well-being Information Site – Working Group	Site established October 2005. Launched November 2005. Working Group established to update and target information on an ongoing basis with 6 monthly quality assurance checks	Kevin O'Neill, Paul Comely Ciara Burns Jackie Donnachie
Social Inclusion	Establishment of teams within Housing services with a focus of resettling homeless people into temporary or permanent accommodation	Housing and Technical Services/Social Work Resources South Lanarkshire Council Housing and Technical Resources South Lanarkshire Council	Teams established and work ongoing	Roberta Reid Tenancy Support Workers TAMU Housing Officers Child Support Workers
Social Inclusion	Money Matters Team – provide a service to maximise income enabling people to participate in	Housing and Technical Resources South	Established and ongoing.	Jackie Leonard

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Social Inclusion	social activities by making the most of their money.	Lanarkshire Council		
	Welfare Rights sessions being established within Community Mental Health Teams and mental health hospital units	Housing and Technical Resources South Lanarkshire Council	Sessions established across Mental health services October 2005. Wider Welfare Rights Service undergoing a Best Value Review. Report due January 2006. Service Review Outcome anticipated early 2006.	Jackie Leonard
	Establishment of posts of Sheltered Wardens and Caretakers which offer reassurance to tenants and can prevent difficult situations from spiralling out of control.	Housing and Technical Resources South Lanarkshire Council	Posts filled. Procedural manual underway.	Roberta Reid
	Community Wardens posts established to help to make links within Communities which can have a direct impact on well being.	Housing and Technical Resources South Lanarkshire Council	Established and ongoing	Roberta Reid
	The development of Neighbourhood plans for 11 identified areas. In each area a Service Charter will be issued to each resident containing information on services available, how they are accessed and what level of service can be expected. The first Neighbourhood Centre has been opened in the Whitehill area, with a wide range of resources available within it.	<ul style="list-style-type: none"> • Housing & Technical Services • Leisure • Social Work • Education • Enterprise Resources • Community Resources • Strathclyde Police • Finance 	Leaflets and Service Charters to be completed by April 2006	Deborah Mackle Neil Britain John Kelso
Social Inclusion	Home Support and Day Activities Support to develop and maintain the practical skills	Voluntary Sector/Social Work Resources -	Current ongoing	Project/Voluntary Sector Staff/Social

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Social Inclusion	of daily life. Support individual integration and participation within the local community, promoting the use of mainstream facilities wherever possible.	alongside other services/agencies associated with the individual, e.g. health, benefits agency, education,	Current ongoing Current ongoing Rolling Programme	Work Resources
	In addition to the above, a key role undertaken by both the statutory and voluntary sector projects and front line staff is relation to the promotion of the recovery process in day to day activities, including building links and relationships within the local community	As above		Project/Voluntary Sector Staff/Social Work Resources
				As above
				As above
				As above
				As above
	Groups are also accessible to individuals not receiving one to one support from projects	Voluntary Sector		
	Relaxation and other similar classes in range of community settings	Voluntary Sector/ Social Work Resources/ Community Services		
	Programme of activities encouraging and building confidence using local community facilities as appropriate.	Voluntary Sector/Social Work Resources/Community Services		

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Social Inclusion	<p>Ensuring a rural dimension and the diversity agenda is considered within any activity undertaken</p> <p>Theatre Nemo workshops aimed at those with severe and enduring mental illness both hospital and community based.</p>	<p>All agencies/organisations</p> <p>Social Work Resources, Theatre Nemo, NHS Lanarkshire, NHS Greater Glasgow</p>	<p>Current ongoing</p> <p>Phase 1: East Kilbride and Hamilton areas 20 sessions each completed December 2005</p> <p>Phase 2: Rutherglen and Clydesdale areas 20 sessions each by December 2006</p>	<p>P Comley</p> <p>P Comley A McGeeney</p>
Social Inclusion	<p>Anti-stigma events.</p> <p>Peer Support Event held in Lanarkshire highlighting the model utilised in Georgia USA.</p> <p>In addition to this, events have been arranged around the input of Professor in Social Work from New York USA carrying out research into recovery. This provides a theoretical practical framework for recovery based actions.</p>	<p>Social Work Resources, south and North Lanarkshire Councils, See Me, NHS Lanarkshire, Leisure and Recreation Services, Motherwell Football Club, Hamilton Academicals football Club, See Me Partnership.</p> <p>As above</p>	<p>Motherwell event 2005. Summer of leisure programme completed September 20. Hamilton Academicals event planned 2006.</p> <p>March 2006</p>	<p>Kevin O'Neill Paul Comley</p> <p>Kevin O'Neill Paul Comley</p>
Social Inclusion	<p>Action Plan for 2006/2007 beginning to be developed by the formation of a virtual recovery network and the consideration of this group to the piloting of Recovery Networks in Lanarkshire.</p> <p>The Scottish Recovery Network website can be found at http://www.scottishrecovery.net/content/default asp.</p>			
Social Inclusion	Mental Health in Workplace training - awareness of	Scottish Development	Current ongoing	Avril Whiteside

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	mental health issues in workplace, delivery of training package. Scottish Mental Health first aid – raise mental health awareness and understanding, address stigma, delivery of two day training course	Centre, Service users and Carers, Brendon Rooney, Rutherglen Health Initiative, LAMH, Health Scotland.	Current ongoing	(World of Work) Doris Cummings/ Ruth Kelly (LAMH)
Social Inclusion	Synergistic solutions network aimed at improving physical well-being thereby improving mental health well-being and exploring possible positive links.	CMHT, Health Promotion, LAMH, Loretto, Up For It, Smoking Cessation, Hamilton Connect, SLC, other community partners.	Jan/Feb 2006	John Brodie, Claire Smith, Alex Gilmour, Hamilton Connect,
Social Inclusion	2 year research proposal by Adult Consultant Psychiatrist involving approximately 200 service users	NHS Lanarkshire	Stage 1: Ethics Committee Approved. Stage 2: Funding Confirmed. Stage 3: Health Screening September 2006 Clinic Commences October 2006 Stage 4: Implement Research Study over a 2 year period from September 06 to September 08	Dr Anthony Pelosi, NHS Lanarkshire Susan Hughes CPN CMHT Hamilton
Social Inclusion	<u>Training in Suicide Prevention(also Health)</u> Two days of training provided to 9 staff members from Community Intermediary, Routes To Work South. Training sought to provide staff the understanding and knowledge of <ul style="list-style-type: none"> • what signs represent a suicide risk • early prevention and intervention 	Routes To Work South, Social Work Resources	November 2005	Evelyn McCluskey Enterprise Resources

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Social Inclusion	<ul style="list-style-type: none"> responding to crises and suicidal behaviour encouraging people to seek help early Training delivered around "Choose Life" –a National strategy and Action Plan aimed at reducing the rising rate of suicides in Scotland by 20% before 2013.			
	<p><u>POW-</u> Positive Options for Women-Intensive Client focussed personal development and work experience for women lone parents who have experienced minor/moderate Mental Health issues. Programme will be delivered to 30 participants across South Lanarkshire 2004/5.</p>	South Lanarkshire Council RTI, North Lanarkshire Council, Objective 3 Partnership, Routes To Work South.	4 programmes completed 2005. Further 4 programmes scheduled 2006	Evelyn McCluskey Enterprise Resources Liz Logan Enterprise Resources
	<p><u>Youthstart</u> This service supports 220 young people each year who are aged 16-24. It is designed to assist participants to access and sustain education, training and employment opportunities</p> <p><u>Steps 2 Work</u> Designed to assist and develop motivation. Key client groups include former and stabilised drug misusers, people with mental health problems eg. depression and people with disabilities.</p> <p>People who have had substance misuse problems are, as a result of their misuse, more distant from the Labour Market and the opportunity to engage with local employers and training providers. This programme will help facilitate and develop these links for former substance misusers.</p>	As above South Lanarkshire Council RTI, delivery by subcontractor, Employment Enterprise, Routes to Work.	Current ongoing 12 programmes April 2005/06 Further 12 programmes scheduled April 2006/07	Evelyn McCluskey Enterprise Resources

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<p>Social Inclusion</p>	<p><u>Mentoring</u> Helps and motivates someone to develop their skills/ambitions and moving them closer to their goals of finding, staying and progressing in work. The mentor/New Deal participant relationship will be a voluntary one, based on mutual agreement, commitment and shared responsibility, from which either party can withdraw at any time. Some examples of where a mentor might help include difficulties with colleagues and working relationships, problems managing money, confidence building, communication skills, presentation and interview.</p> <p>The service is designed to help clients on the 18 - 24 and 25+ New Deal programmes and has three distinct elements:-</p> <ul style="list-style-type: none"> • <u>Mainstream Volunteer Mentoring</u> <p>Volunteer mentors will be recruited and trained to assist New Deal participants as they consider the opportunities offered through New Deal. The mentor will aim to help the New Deal participant gain confidence and experience, develop his or her skills, increase their employability and find work.</p> <ul style="list-style-type: none"> • <u>Mentoring Co-ordinator Service</u> <p>In addition to the mainstream volunteer service the Council will also deliver a mentoring service using a dedicated mentoring co-ordinator to act as mentor for those jobseekers who are hardest to help because, for example they lack confidence or motivation, have low self esteem or attitudinal problems.</p>	<p>South Lanarkshire Council RTI, Job Centre Plus, Enterprise Resources</p> <p>As Above</p> <p>As Above</p>	<p>5 year contract ending March 2006</p>	<p>Tracey Blake Enterprise Resources</p>

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Employment	The NHS Lanarkshire's Scotland Heath At Work (SHAW) team are committed to improving mental health and well-being in the work place as part of their programme. Over 130 Lanarkshire employers are register with SHAW, which accumulates to over 80,000 employees. A joint mental health action plan is being develop to maximise the opportunities for joint working to promote the mental health commendation award, workplace anti-stigma initiatives and workplace mental health policy and practice. Opportunities are being identified to facilitate these companies supporting people with mental health care needs back into the workplace.	NHS Lanarkshire SHAW Team	Current ongoing	Kevin O'Neill, Elizabeth Oldcorn, Peter King & David Wharrie (BOTH SHAW)
Employment	South Lanarkshire Council progressing silver award	NHS Lanarkshire South Lanarkshire Council	Current ongoing	Corporate Personnel Services, South Lanarkshire Council
Employment	Establishment of a South Lanarkshire wide employment training job coaching service for adults with mental health problems aged 16-65 years Support individual service users access mainstream employment services	LAMH South Lanarkshire Council Social Work Resources Disability Employment Adviser Job Centre Job Coach Project Voluntary Sector/ Social Work Resources/Housing and Technical Services	Service expansion September 2005. Current and ongoing Current ongoing	Hugh Cairns, Annie McGeeney Michael McAuley General mental health projects, Voluntary Sector and Social Work Resources

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Employment	<ul style="list-style-type: none"> • To recognise the achievements of Employers in contributing to the Healthy Working Lives agenda • To coordinate the design delivery and review of projects that support the development of the Healthy Working Lives strategy. <p>Choices (also Health and Social Inclusion) Choices is a programme currently being piloted in Hamilton which attracts workless individuals furthest from the labour market, e.g. lone parents, vulnerable families experiencing stress such as substance misuse, those in receipt of IB, etc. Initial interventions are flexible, non prescriptive and suited to client needs and circumstances. After a series of “first step” interventions (e.g. confidence building, self esteem), participants can gradually progress to a more structured intervention including options such as TW and eventually moving into employment. The programme will roll out to Cambuslang in October 2005.</p>	Jobcentre Plus, South Lanarkshire Council RTI, Routes to Work South	1 year pilot April 2005 to March 2006 then review and evaluate, consider options	Tracey Blake Enterprise Resources
Education	<p>1 in 10 young people will have experienced a mental health problem in the past week. Young people are also known to be a group that can be stigmatising and harass people who have mental health care needs. Targeted initiatives are being taken forward through joint working between South Lanarkshire Council's Education Department, Health Promoting Schools, Health Promoting Youth Service and the Lanarkshire See Me Partnership.</p> <p>Child Support Workers ensure children have transport to get them to school</p>	<p>Education Services/Social Work Resources/NHS Lanarkshire</p> <p>Social Work Resources South Lanarkshire Council</p>	<p>Current ongoing</p> <p>Current ongoing</p>	<p>Paul Comley Kevin O'Neil</p> <p>Child and Family Services, Social Work Resources, South Lanarkshire Council.</p>

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Education	<p>Support individuals explore College opportunities and participate in courses i.e.</p> <p>Computing Courses Basic Intermediate/ Internet</p> <p>Personal Development Confidence building, Assertiveness and future planning courses</p> <p>Information Service Maximising benefits Advising of activities/interests in the area. Participating in Information Days</p>	<p>Voluntary Sector/ Education Services/ Social Work Resources R P Solutions, Central Library E.K.</p> <p>Spotlight Training Ltd</p> <p>Voluntary Sector/Education Services/ Social Work Resources</p>	<p>Current ongoing</p> <p>annual</p> <p>annual</p> <p>Current ongoing</p>	<p>Project staff Network</p> <p>David Tate Project staff Network</p> <p>Ruth Samson Project staff Network</p> <p>Project Staff</p>
Education	<p>Applied suicide intervention skills training is being rolled out with 9 courses being provided, training 258 people in suicide prevention, courses planned to March 2007.</p> <p>Development of a mental health and wellbeing element within PSE lessons for S4 and S5 pupils increasing knowledge and awareness around issues and resources available to assist in times of crisis.</p> <p>Commenced in Camglen to be rolled out across South Lanarkshire Council.</p> <p>Awareness raising by Samaritans leading to Lanarkshire school pack developing tools for use by teaching nursing and support staff.</p>	<p>South Lanarkshire Council, SAMH, TPS</p> <p>South Lanarkshire Council Social Work Resources, Education Services, Integrated Children's Services and Local Authority residential units.</p>	<p>Current ongoing</p> <p>academic year 2005/2006/2007</p>	<p>Paul Comley</p> <p>Paul Comley Kathleen Colvan</p>

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Education	Raise awareness of reasonable adjustments to student services for individuals with mental health problems. Liaison with Learning Support. Awareness raising session 1.	World of Work South Lanarkshire college Stevenson college Bell College, RSAMP, Langside College.	Current ongoing	World of Work Team LAMH
Education	Scottish Mental Health Week Mental Health Week activities and national themes	Activities held using various local facilities	Mental Health Awareness week October annually	Mental health service providers within the voluntary and statutory sectors
Education	Assist individuals access relevant training opportunities to promote social inclusion such as literacy, numeracy and English as a second language	Corporate Resources Education Resources Social Work Resources NHS Services Mental Health service providers in the voluntary sector	Current and ongoing	Local Authority
Education	Development of contact cards providing information on organisations able to offer support around issues which may cause people distress 3000 cards printed and distributed as pilot. Plans to increase print run to enable availability of cards in many public places i.e. Social Work offices and G.P reception areas.	South Lanarkshire Council	December 2006	Paul Comley
Health	People with severe and/or enduring mental health care needs are known to experience significantly poorer physical health than those who do not. A number of targeted health improvement initiatives are being developed and implemented across Lanarkshire through co-operation between Mental Health Services, Primary Care Services, addiction services and the voluntary services. These include the development of a framework to support the	NHS Lanarkshire/South Lanarkshire Council/Voluntary and Independent Sector	Current ongoing	Kevin O'Neil Irene Mackie Alastair Cook

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Health	implementation of the mental health components of the new GMS contract (primary care), the development of dual diagnosis initiatives, targeted smoking cessation programmes and a range of activities to promote healthy lifestyle.			
Health	Development and delivery of Smoking Cessation programmes, specifically for people with mental health difficulties. Training for staff across agencies to progress the above programme with service users.	Voluntary sector, Social Work Resources and Health Promotion	Commenced October 2004, current and ongoing	Voluntary Sector Staff Smoking Cessation Officer Health Promotion NHS Lanarkshire
Health	Health and Homeless Team have established links with General Practitioners and Health Visitors with A shared Child Protection agenda	Housing Services Health Services South and North Lanarkshire Councils	Current and ongoing	Rosemary Robertson Housing Services
Health Health	Partial funding of a pilot project to address issues of social isolation amongst older people has been provided enabling the service to recruit and train volunteers – this service is now commencing. Development of service provided by Cruse funding has been provided for 2004/05 and 2005/06 with service being commenced in rural areas. Development of a joint protocol with A&E services and South Lanarkshire Council around self harm presentations and critical incident reviews. Survey of A&E sites across Lanarkshire agreed for 1 month period to provide stats on number of people attending with issues of self harm. Counselling services for those experiencing distress	Social Work Resources South and North Lanarkshire Council Cruse South Lanarkshire Council, NHS Lanarkshire and The Samaritans South Lanarkshire Council, NHS	Project will report once established Implement January 2006 Negotiations to commence January 2006. Draft to group Dec 2006. 1st meeting May 2006. SWOT analysis submitted. Options paper November 2005.	Malcolm McAulay OPS Paul Comley Cruse Paul Comley Alex Davidson Paul Comley

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		Lanarkshire.	Preferred model January 2006. Progress development and implementation May 2006.	Alastair cook
<p data-bbox="100 403 421 702">Health</p> <p data-bbox="100 702 421 1244">Health</p> <p data-bbox="100 1244 421 1452">Health</p>	<p data-bbox="421 403 1120 702">ADAT The purpose of Alcohol and Drug Action Teams is directed by national government. Their key responsibilities are to develop, drive and secure the delivery of a Lanarkshire plan on drug and alcohol problems.</p> <p data-bbox="421 702 1120 1244">Lanarkshire ADAT: Has a dedicated Employment Sub group with a membership comprising key service providers in Lanarkshire. The Sub group seeks to promote the development of an effective infrastructure which supports opportunities for sustainable employment and training for recovering substance misusers. Employability is an important next step for individuals who are on the continuum of treatment and care and is a key part of their stabilisation process, offering opportunity to reconnect with mainstream society, moving away from the exclusion faced in their former lifestyle.</p> <p data-bbox="421 1244 1120 1452">Up for It? Up for It? Is a health and lifestyle programme, running in the South Lanarkshire area, aimed at motivating behavioural and lifestyle change. The programme provides the most vulnerable</p>	<p data-bbox="1120 403 1480 702">South and North Lanarkshire Council, NHS Lanarkshire, Education, Employability, Police, Prison service, voluntary sector providers</p> <p data-bbox="1120 702 1480 1244">As above</p> <p data-bbox="1120 1244 1480 1452">South Lanarkshire Enterprise Resources, Regeneration Services</p>	<p data-bbox="1480 403 1839 702">Current ongoing</p> <p data-bbox="1480 702 1839 1244">As above</p> <p data-bbox="1480 1244 1839 1452">Commenced 2000 to continue to 2011. target areas Blantyre North, Hamilton and</p>	<p data-bbox="1839 403 2123 702">Marie Hayes Enterprise Resources</p> <p data-bbox="1839 702 2123 1244">Ann Shiels Enterprise Resources</p> <p data-bbox="1839 1244 2123 1452">Elaine Little/Susan McMorran Enterprise Resources</p>

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Health	<p>residents, referred from a variety of different agencies, with free access to services focussed on identifying individual and realistic improved health behaviour, reducing stress, stopping smoking, reducing weight via a healthy eating plan and increasing exercise.</p> <p>Three Up For It? Programmes are operational.</p> <ol style="list-style-type: none"> 1. Adult Up for It? Programme in the areas stated, Rutherglen/Cambuslang to follow after November 2. Get Fit Get Up 4 It? programme strictly limited to children aged 3 - 18 within the bottom 15% of the target data zones in Blantyre, Burnbank, Whitehill, Hillhouse, Fairhill, Low Waters, Larkhall and Rutherglen/Cambuslang. 3. The Youth Support Programme is available to all pupils within the 11 target high schools. <p>Healthy Living Centres- (Cambuslang- Brendan Rooney, Rigside- Lesley McCranor)</p>		Cambuslang areas.	
Health	<p>(Healthy Valleys)-5 full-time employees of the charity plus sessional staff and volunteers supporting activities that have a clear aim to reduce health risks</p> <ul style="list-style-type: none"> • Mental Health • Addiction problems • Coronary Heart disease • Obesity <p>Programmes delivered include Lifestyle Project-disseminating health information and Get Active-offering proactive methods to combat obesity. Befriending-volunteer befriending training</p>	South Lanarkshire Enterprise Resources, NHS Lanarkshire and Greater Glasgow, Private and Voluntary Sector	Commenced 2004 to November 2007. funding from other sources.	John McCafferty Enterprise Resources

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	<p>opportunities Peer Education- raising awareness of Drug and Alcohol misuse through Peer Education</p> <p><u>Cambuslang and Rutherglen Community Health Initiative</u></p> <p>Are working to make Cambuslang and Rutherglen happier and healthier communities for all.</p> <p>A community development approach is used to develop activities which fit into the themes of Volunteering Engagement and Dialogue, Mental Health and Wellbeing, Diet, Healthy Eating and Oral Health, Substance Misuse and Fitness and Exercise</p>	As Above	As above	Brendan Rooney Lesley McCranor
Leisure/Recreation	A summer anti-stigma and discrimination leisure campaign was delivered through the six weeks of the summer holiday.	South Lanarkshire Leisure	Completed. Annual ongoing	
Leisure/Recreation	Range of activity groups including walking, snooker, football, bowling etc	Voluntary Sector Social Work Resources Community Resources	Current ongoing	Project Staff
Leisure/Recreation	Men's Gym Group – Access local gym to improve fitness and wellbeing. Concessionary entrance up to 2011. Replicated in Up for It areas and if area is part of the Up for It Programme, this also includes a range of additional concessionary options including alternative therapies.	Carluke Leisure Centre, LAMH	Ongoing	Willie Glen (LAMH) Enterprise Resources South Lanarkshire Leisure Voluntary Sector Social Work Resources

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Leisure/Recreation	<u>Paths to Health</u> 'Walk a Little, Live a Lot' is a South Lanarkshire project which forms part of the national 'Paths to Health' scheme. It aims to promote the social and health benefits of walking and to increase levels of physical activity across South Lanarkshire among all age groups and abilities by encouraging and motivating people to walk regularly and enjoy their local area	Enterprise Resources	Current ongoing	Ann Shiels Enterprise Resources
Arts/Culture	Art/Therapy Groups	Voluntary sector staff South Lanarkshire Council Adriana Stewart	Ongoing Annual	Adriana Stewart Project Staff Network
Arts/Culture	Theatre/Museum/Cinema visits as part of group activities Theatre Nemo Workshops	As above South Lanarkshire Council/ NHS Lanarkshire/Theatre Nemo	Ongoing programme 2 year programme 2005/06: 20 sessions completed in each of the Hamilton and East Kilbride areas 2006/07:20 sessions planned in each of the Rutherglen and Clydesdale areas	Voluntary sector staff Paul Comley, Annie McGeeney, Isobel McCue
Arts/Culture	Lanark/Carluke photography project – develop skills in photography linked in with local history. Applied for funding through Lottery Direct Grants – Following on from	Carlann Committee, Praxis	2005/2006 Current ongoing but with varied annual focus	Carlann Committee Source Project

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	previous years multi-media arts group			
Transport	Support individuals access community facilities Bus passes, travel passes, companion cards, dial a bus. Scottish Wide Strathclyde Passenger Transport Consultation.	Public Transport/ private hire/CMHTs/projects Scottish Executive	As required ongoing March 2006	All social care/health care related services
Transport	<u>Rural Transport Initiative</u> The project is aimed at the key Rural Partnership group of individuals that are disadvantaged due to geographical location. It seeks to address one of the main barriers to equalising opportunities in the rural area- transport. This is in line with Rural Partnership priorities-use of know-how to make products and services more competitive and researching and developing innovative and community based approaches leading to the improvement or introduction of transport links. The project will also make a significant contribution to Equal Opportunities by addressing the key issue of accessibility of services and facilities. It aims to reduce barriers caused by rural exclusion and the lack of transport provision.	Enterprise Resources	Current ongoing	Leo Sherry Enterprise Resources

Matters Raised for Further Consideration

- Services for individuals with mild to moderate mental health problems
- Adult Literacy: Retargeting/prioritising
- Community forensic services/support options for those with challenging /high – moderate risk behaviours

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- Early onset dementia including korsacoffs
 - Specialist Counselling Services
 - Age appropriate service options for the 16 to 25 year olds
 - Residential respite services

Strategic Development

- Feedback to the Scottish Executive
- Establishment of forum at an appropriate level to sustain and progress agenda/alternative options
- Membership
- Frequency
- Resources
- Reporting mechanisms
- Performance Indicators

July 2006