

PERSONAL PLANS

Section 26/Inclusion Plan 16

Measure Falkirk and District Association of Mental Health Services against the “Traffic Light” model.

Section 26 Inclusion Plan 17

1. In April 2006 I will be moving to an existing Adult CHMT in North Glasgow.
2. As part of my orientation I will be using the technique of community mapping by walking the area and tapping into the knowledge of people in the CHMT and other agencies and organisations and planning how to use these facilities.
3. I hope to identify key stakeholders in the area and share the concept of inclusion with them and persuade them of its value.
4. These stakeholders and I will then set about “winning hearts and minds” to firmly embed the concept into everyone’s practices using training resources available.
5. I will try to identify individuals to champion each of the life domain opportunities.
6. I will look at the inclusion web and discuss the use of this as a tool (following careful training).
7. I will look at ways of evaluating progress towards inclusion.
8. These actions will not be completed by June but are part of a longer-term plan.

Section 26: Inclusion Plan 18

<u>Detail</u>	<u>When</u>
1. Raise issue of promoting inclusion at Senior Managers Group	20 February
2. Discuss providing training on inclusion with training co-ordinator (but as part of wider agenda)	9 February
3. Invite responses/initial reactions to a brief paper on inclusion from all projects	March
4. Analyse responses and plan outline programme of training workshops in inclusion around the region	May
5. Encourage individual initiatives that are going to explore inclusion (providing they are safe!)	Ongoing
6. Deliver training on inclusion	? Depends on other priorities
7. Evaluate the training	? Depends on other priorities

Section 26/Action Plan 19

- I am new to mental health and my post in the CMHT at Brand Street, so I have found the social inclusion theory very interesting. Particularly useful how it links so directly with OT work.
- I intend to apply it further in my work in practical ways: emphasising the importance of getting new service users into more “normal” ways of life in the community, not in tangling them into a new life “within the system”.
- I notice the importance of places not just the person in action and will take this into account.
- In assessments I intend to delve further into people’s “dreams” (or goals and strengths) at an earlier stage.
- I plan to become more familiar with resources in the community and take more notice of them.
- I will discuss the idea of different staff having different “remits” in relation to community resources with my OT Supervisor.
- I will discuss the course with team members and work with increased awareness of social inclusion.
- Also look at using the inclusion web in treatment in the long-term.

Section 26/Inclusion Plan 20

1. Will take back content of course to Chief Executive and Director of Operations, with a view to discussing how we can use the ideas organisationally to promote inclusion for the people we support.
2. Would like to pilot the inclusion web with some people we support to see how well it works. Will also consider trying to adapt it to help record how well people are progressing with the aid of Housing Support.
3. Will try to download training pack with the information on strategies for inclusion.
4. Will share the Pack with the Learning Strategy Manager for the organisation with a view to using it for training of front-line staff.
5. Will try to locate the book “In Praise of Slow Cities” for my own benefit.
6. Will try to download the paper “In Praise of Slow” from the NDT website.

Section 26/Inclusion Action Plan 21

1. Training/raising awareness of the above with Teams and Managers.
2. Review current services and practice in relation to the Inclusion Agenda.
3. Formulate a policy document in respect of the Inclusion Agenda.
4. Need for flexible approach in terms of models.
5. Explore methods of incorporating inclusion into a person-centred planning approach.
6. Explore issues of resources and funding.
7. Review and evaluate the points above.
8. Expand opportunities for inclusion and consider means/methods of moving forward the Agenda and managing change.

Section 26/Inclusion Plan 22

1. Feedback to Team and Organisation on content of course over the last 2 days: ie, how we maybe could adopt and pilot some of the techniques involved.
2. I am not directly involved in front-line service provision. This was an introduction to inclusion for me and therefore I am keen to explore in more depth what our Organisation already does in working with inclusion.
3. I intend to attend our own Organisation's "Implementing Inclusion" Course and do a comparison to see how much of any of this work we are already doing, sharing some of the knowledge I have received to date from others.
4. Interested in finding out more about "traffic lights" system and inclusion work. I believe inclusion work could be useful in measuring the quality of services we provide.

Section 26/Inclusion Plan 23

1. Building awareness with OT colleagues. Plan to be more involved in working jointly with clients to promote awareness of opportunities within the community.
2. Taking into account individual members within the staff groups who have responsibility for groups. Consider whether they are within red or amber and to look at community mapping for specific areas:-
 - 2.1 community education: eg computer basic skills and basic education;
 - 2.2 creative writing groups;
 - 2.3 ceramic/art-specific group; and

2.4 self-managed client group to investigate opportunities of promoting awareness of skills/abilities that are within community to people.

Section 26/Inclusion Plan 24

1. Review underused resource file to include long-term groups, where people belong, not just services and amenities, and select life domains relevant to care groups and staff members.
2. From resource files, develop a table and perhaps scrap books for widening areas for service users' information.
3. In supervision, in-service training and documentation review, increase staff reflection on plans for inclusion for individuals' care/treatment plans.
4. Learn more about vocational profiling.
5. Raise inclusion issues with Senior Management Team and reflect review; need to develop this within the Homeless Partnership Strategy for Glasgow.

Section 26/Inclusion Plan 25

Build in Inclusion Plan into a one-stop assessment for individuals which will incorporate various parts of our service.

This process will then be part of an evaluation.

Section 26/Inclusion Plan 26

I plan to take the information and ideas learned here over the past 2 days and sell them to my Organisation (AUGMENT) with a view to using this training, not only within my Organisation, but throughout our NHS Board.

Section 26/Inclusion Action Plan 27

1. Feedback to Team re training. Discuss various tools described during training.
2. Access "Strategies for Supporting Individuals" from website and share information with colleagues.
3. Look at current service provision using Social Inclusion Tools and discuss with colleagues with a view to trying to make time regularly for this type of review.

Section 26/Inclusion Action Plan 28

1. Discuss with the JLIP Group for Dumfries and Galloway – March.
2. Draft a policy/strategy – June.

3. Engage with a training agency (NDT) – June onwards.

Section 26/Inclusion Action Plan 29

1. Think about today.
2. More background reading on the subject.
3. Reflection on known practice.
4. Introduce into supervision structure with other staff.
5. Training event for OT staff in my area of work.
6. Case study/case presentation on how to.

Section 26/Inclusion Plan 30

1. Currently developing quality assurance system and performance indicators. Will consider how to look at inclusion issues in this context.
2. Discuss with Principal Officer (Training) the extent to which current training deals with inclusion issues and whether further input is feasible.